



**Green Country Soccer Association  
Games and Disciplinary Committee**

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Location: 4150 S 100 E, Ste 200 AD, Tulsa, OK 74146  
Tech Ridge Office Park, Cherokee Building  
Phone 918/481-3322  
Fax 918/512-4378

**Player/Coach – Sit-Out Verification**

**DO NOT LEAVE THIS FORM WITH THE REFEREE OR OPPOSING COACH.**

In accordance with GCSA rules any person receiving a “SEND OFF” (Red Card), must sit out the next sanctioned match. This form also applies to being used for: 2<sup>nd</sup> yellow card (SEND OFF) in one game, accumulation of 3 yellow cards in one season (fall/spring), additional suspension given or DPS.

**THIS FORM IS TO PROTECT THE PLAYER/COACH AND THE LEAGUE.**

**Please print and fill out completely!**

NAME & # \_\_\_\_\_  
CLUB/TEAM \_\_\_\_\_  
AGE GROUP \_\_\_\_\_ Boys \_\_\_\_\_ Girls \_\_\_\_\_  
DATE OF GAME \_\_\_\_\_ OPPONENT \_\_\_\_\_  
COACH/MANAGER \_\_\_\_\_ PHONE \_\_\_\_\_  
DATE OF PLAYER/COACH EJECTION \_\_\_\_\_

**THE ABOVE NAMED PERSON DID NOT PARTICIPATE IN THE ABOVE GAME.**

REFEREE \_\_\_\_\_ DATE \_\_\_\_\_  
SIGNATURE \_\_\_\_\_

COACH/MANAGER \_\_\_\_\_ DATE \_\_\_\_\_  
SIGNATURE \_\_\_\_\_

**DO NOT LEAVE THIS FORM WITH THE REFEREE OR OPPOSING COACH.**

**INSTRUCTIONS:** This form must be completed and sent to GCSA if the person named is to receive credit for the “sit-out”. It must be received within 72 hours of the sit-out game. GCSA will forward this information to the appropriate League Commissioner so that credit can be given. Failure to comply may result in additional suspension plus additional sanction.