

Green Country Soccer Association

Games & Disciplinary Committee

P O Box 471435

Tulsa, OK 74147

481-3322 Phone

512-4378 Fax

Player/Coach – Sit-Out Verification

In accordance with OSA rules any person receiving a “SEND OFF” (Red Card), must sit out the next sanctioned match. This also includes 2nd yellow card “SEND OFF” and an accumulation of 3 yellow cards for the season.

THIS FORM IS TO PROTECT THE PLAYER/COACH AND THE LEAGUE

Please print and fill out completely!

NAME & # _____
TEAM _____
AGE GROUP _____ **Boys** _____ **Girls** _____
DATE OF GAME _____ **OPPONENT** _____
COACH/MANAGER _____ **PHONE** _____
DATE OF PLAYER/COACH EJECTION _____

THE ABOVE NAMED PERSON DID NOT PARTICIPATE IN THE ABOVE DATED GAME

REFEREE _____ **DATE** _____
SIGNATURE

COACH/MANAGER _____ **DATE** _____
SIGNATURE

This form must be completed and sent to GCSA if the person named is to receive credit for the “sit-out”. It must be received within 72 hours of the sit-out game. GCSA will forward this information to appropriate League Commissioner, so that credit can be given. Failure to comply may result in a “supervised sit-out” plus additional sanction